

# How to pray the Rosary

1. Make the Sign of the Cross and say the "Apostles' Creed"
2. Say the "Our Father"
3. Say 3 times the "Hail Mary"
4. Say the "Glory be to the Father" and Fatima prayer "O my Jesus..."
5. We start to meditate on the Mysteries of Holy Rosary: say the First (Joyful or Sorrowful or Glorious) Mystery and say the "Our Father"
6. Say 10 times the "Hail Mary" with meditation
7. Say the "Glory be to the Father" and Fatima prayer "O my Jesus..." and say the Second (Joyful or Sorrowful or Glorious) Mystery and say the "Our Father"



8. Say 10 times the "Hail Mary" with meditation
9. Say the "Glory be to the Father" and Fatima prayer "O my Jesus..." and say the Third (Joyful or Sorrowful or Glorious) Mystery and say the "Our Father"
10. Say 10 times the "Hail Mary" with meditation
11. Say the "Glory be to the Father" and Fatima prayer "O my Jesus..." and say the Fourth (Joyful or Sorrowful or Glorious) Mystery and say the "Our Father"
12. Say 10 times the "Hail Mary" with meditation
13. Say the "Glory be to the Father" and Fatima prayer "O my Jesus..." and say the Fifth (Joyful or Sorrowful or Glorious) Mystery and say the "Our Father"
14. Say 10 times the "Hail Mary" with meditation and say the "Glory be to the Father" and Fatima prayer "O my Jesus..."

# Call of the Immaculata

Our Lady has insistently stressed the recitation of the Holy Rosary as a prayer. The world's situation today is so sad! Love is hard to find, and charity, goodness, and justice are sluggish; the dignity of the human person is fading fast. Today, people talk only of rights, money, well-being; and they ignore the spiritual values.



*What can we do to change this sad situation? Our Lady of Fatima shows us the way of salvation in Her message. The arms of violence must be met with the arms of prayer. Our Lady invites us to say the Rosary, thinking and meditating on the Mysteries, which contain the whole Gospel. We need to say the Rosary many times and we need to say it well.*

## Fatima prayer:

O my Jesus, forgive us our sins; save us from the fires of hell; lead all souls to Heaven, especially those in most need of Thy mercy.



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# Rosary

The Daily



A Quarter  
of an Hour for  
**Immaculata**



# The Joyful Mysteries



## 1. The Annunciation

*MEDITATION:* And when the angel had come to Her, he said, "Hail, full of grace, the Lord is with Thee, blessed art Thou among women." (Luke 1, 28)



## 2. The Visitation

*MEDITATION:* And Elizabeth was filled with the Holy Ghost, and cried out with a loud voice saying, "Blessed art Thou among women and blessed is the fruit of Thy womb!" (Luke 1, 41–42)



## 3. Birth of Jesus

*MEDITATION:* And She brought forth Her firstborn Son, and wrapped Him in swaddling clothes, and laid Him in a manger, because there was no room for them in the inn. (Luke 2, 7)



## 4. The Presentation

*MEDITATION:* And when the days of Her purification were fulfilled according to the Law of Moses, they took Him up to Jerusalem to present Him to the Lord. (Luke 2, 22)



## 5. Finding Jesus in the Temple

*MEDITATION:* And it came to pass after three days, that they found Him in the temple, sitting in the midst of the teachers, both listening to them and asking them questions. (Luke 2, 46)

# The Sorrowful Mysteries



## 1. The Agony in the Garden

*MEDITATION:* And His sweat became as drops of blood running down upon the ground. And rising from prayer He came to the disciples, and found them sleeping for sorrow. (Luke 22, 44–45)



## 2. The Scourging at the Pillar

*MEDITATION:* Pilate then took Jesus and had Him scourged. "But He was wounded for our iniquities, He was bruised for our sins: the chastisement of our peace was upon Him, and by His bruises we are healed." (Isaiah 53, 5)



## 3. The Crowning with Thorns

*MEDITATION:* And they stripped Him and put on Him a scarlet cloak; and plaiting a crown of thorns, they put it on His head, and a reed into His right hand. (Matt. 27, 28–29)



## 4. The Carrying of the Cross

*MEDITATION:* And bearing the Cross for Himself, He went forth to the place called Calvary; in Hebrew, Golgotha. (John 19, 17)



## 5. The Crucifixion

*MEDITATION:* And Jesus cried out with a loud voice and said, "Father, into Thy hands I commend My spirit." And having said this, He expired. (Luke 23, 46)

# The Glorious Mysteries



## 1. The Resurrection

*MEDITATION:* He has risen. He is not here. Behold the place where they laid Him. (Mark 16, 6)



## 2. The Ascension

*MEDITATION:* So then the Lord, after He had spoken to them, was taken up into Heaven, and sits at the right hand of God. (Mark 16, 19)



## 3. The Descent of the Holy Ghost

*MEDITATION:* And suddenly there came a sound from Heaven, as of a mighty wind coming, and it filled the whole house where they were sitting. (Acts 2, 2)



## 4. The Assumption of the Blessed Virgin

*MEDITATION:* And I took root in an honorable people, and in the portion of My God His inheritance, and My abode is in the full assembly of saints. (Ecclesiastes 24, 16)



## 5. Mary is Crowned Queen of Heaven and Earth

*MEDITATION:* And a great sign appeared in heaven: a woman clothed with the sun, and the moon was under Her feet, and upon Her head a crown of twelve stars. (Apocalypse 12, 1)